## **HLHF Bulldogs**



## Junior Volleyball Camp 2023 July 25<sup>th</sup> & 26th

\*Humphrey Public Gym\*

\*Cost: \$30\*

\*Going into Grades 1st – 4th from 10:00 AM - 12:00 PM\*

\*Going into Grades 5th – 8th from 8:00 - 10:00 AM\*

The Lady Bulldog individual camp is designed to teach players the latest volleyball skills and techniques. The camp's goal is to meet the needs of each individual camper, while also developing as a group and team. Players will be exposed to extensive coverage of basic skills, drills, tactics and offensive and defensive play. This camp is designed to give campers a competitive opportunity to develop the fundamental, positional, and specialty skills of volleyball.

Lady Bulldogs Volleyball Camp Registration Form			
Name:		Address:	
Grade next year: Phone:		Emergency Phone #:	
T-Shirt Size: Circle/highlight/bold desir	ed size		
Youth *Small – Depends on fit of design Medium Large	Adult Small Medium Large X-Large XX-Large		

\*Please, make checks payable to **HUMPHREY PUBLIC SCHOOL.** Register by mail, phone, or email by July 1st. ATTN: Cami Oelsligle PO Box 278, (402) 923-1230, <a href="mailto:camio@humphrey.esu7.org">camio@humphrey.esu7.org</a>